



ELANCÉ

AT BOYNTON BEACH

10605 S Jog Road • Boynton Beach, FL 33437 • 561-413-6807
<https://www.elanceluxuryliving.net/boyntonbeach>

PLEASE JOIN US!

Bellini & Bouquets

SUNDAY, MAY 12
11:00 AM - 1:00 PM

Join us in celebrating our amazing mothers and maternal figures in our lives with a delicious brunch prepared by our Taste of RUI team and an orange bellini signature cocktail.

Guest Meals: \$20
RSVP by May 8 to 561.413.6807



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May 2024

In This Issue:

In this issue of our monthly newsletter, you will read a note from our Executive Director, learn about one of our residents, and find out when to mark your calendars! Be sure to also stay tuned to our Facebook page.

Save the Date

- 5/4 Kentucky Derby Soiree
- 5/5 Cinco de Mayo "Margarita Madness"
- 5/6 Holocaust Remembrance Day Candlelight Vigil
- 5/6 Concert Series- Nanci Suzanne
- 5/7 Fitness Month- Fitness Competition
- 5/8 Art Therapy with Suzanne Wright
- 5/9 Asian and PI Heritage Tea Tasting
- 5/10 Uncorked - Germany
- 5/12 Mother's Day Brunch
- 5/13 RUI University - Alphonse Mucha
- 5/15 RUI University - Jaqueline Cochran
- 5/17 RUI University - History of Memorial Day
- 5/20 RUI University - El Greco and Modigliani
- 5/22 RUI University - All About Frank Sinatra
- 5/22 Concert Series - Karen's Cabaret
- 5/25 Taste of RUI - France
- 5/29 "Sr Health Day" - Walk in the Park Outing
- 5/27 Memorial Day Cookout
- 5/30 Sports Month - Cornhole Tournament
- 5/31 Veteran's Club

Letter From Executive Director: John Culhane



Hello residents and families, 4 months down 8 more months to go in 2024. We had a great month with all the fun things we had going on, our Purim celebration was a success and I want to thank everyone who attended our beginning of spring brunch. May will be an action packed month, but most importantly we want to invite you all to our Mother's Day Brunch "Bellinis and Bouquets" on Sunday, May 12th, from 11am-1pm. We have a plethora of events this month and I always encourage families and guests to attend our RUI University classes that are free of charge to the public. Elancé at Boynton Beach is a family and we want to continue elevating and growing together. Please remember that my door is always open to everyone. See you again next month!

Resident Spotlight: Mrs. Lenore S.



Mrs. Lenore was born in Brooklyn, NY, and grew up in the Brownsville section which, at the time, was a strongly populated Jewish section of the borough. She attended the public schools, and upon graduating from Lafayette High School, enrolled in Brooklyn College where she received a bachelor's in Education. Mrs. Lenore began her career as a second grade teacher. She went on to get her master's degree in Special Education along with Administration and Supervision. She eventually became Deputy Superintendent of Special Ed. Services in both District 19 in Brooklyn and District 28 in Queens. She met her husband, Neil, as a teenager and married young. They had two children, Eric & Beth, and later became grandparents of three. Neil & Lenore will be celebrating their 62nd wedding anniversary this year. Mrs. Lenore is a woman of many accomplishments and we are lucky enough to know her as the Lady in Red with The Million Dollar Smile.



Aloha, Inspiritás Family! May brings a burst of joy as we celebrate the remarkable women in our lives with Mother's Day. Join us in honoring these incredible souls at our enchanting Mother's Day brunch on Sunday, May 12th, from 11am-1pm. We also are hosting our monthly Caregiver's Connection Café & Book Club on Friday, May 24th, from 3-4pm in the private dining room. Please RSVP at the front desk.

This month, our Coast-to-Coast theme takes us on a sensory adventure to Hawaii, where we'll immerse ourselves in the vibrant culture. From the soothing melodies of Hawaiian music to the tantalizing flavors of island cuisine, we'll explore Hawaii's beauty through our senses. Dive into art classes, savor culinary delights, sway to traditional dance, and let the rhythm of the islands lift your spirits. Discover the warmth of aloha with us in Inspiritás Memory Care. Don't forget to check out our monthly programs calendar for a full lineup of exciting events!



Greetings from Legacy Healthcare Services! We are your onsite outpatient therapy provider of physical, occupational and speech therapy services. We are excited to present a weekly Brain Fitness Class during the month of May. We will be celebrating Speech Therapy Month to recognize all our wonderful speech therapists and hosting a separate Senior Fitness Clinic. Come join us for some fun and engaging activities! We look forward to seeing you soon.



Employee
of the Month

Employee of the Month: **Greg Outram**

A new month and a new amazing employee to highlight. Our May employee of the month is Greg Outram. He is an amazing part of our Taste of RUI team here at Elancé at Boynton Beach. He is always lending a helping hand and doing it with pride. He has done amazing with our monthly cooking demos for the residents and has heard nothing but great feedback. We are so proud to have Greg as part of our team!



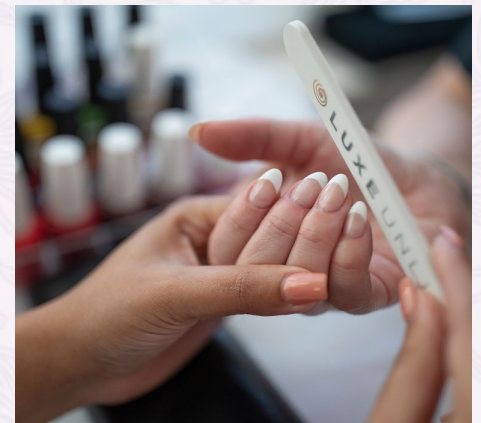
LUXE UNLIMITED™
SALON AND SPA

Mother's Day is the perfect time to spoil your loved ones. Check out the LUXE Unlimited Special for the month of May!

May Manicure:

Spa manicure to include nail trimming and shaping, soaking, cuticle maintenance with rose oil to promote healthy nails, hand massage with lavender lotion, and basic polish color application.

Gift Certificates: Gift certificates available for purchase through our website at www.luxeunlimited.net. To purchase, click our "Book Now" button on the homepage. Select your location and then choose "Purchase Gift Card".



RUI FIT Tip

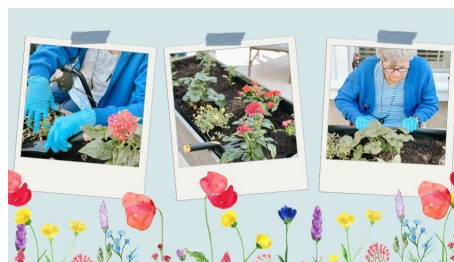
May is Mental Health Awareness Month! RUI FIT encourages everyone to prioritize activities that not only benefit your physical health but also support your mental well-being. Engage in exercises that you enjoy and find fulfilling, whether it's yoga, dancing, hiking, or even gardening. Physical activity releases endorphins, which can help reduce stress, anxiety, and symptoms of depression. RUI FIT is a great way to incorporate all of these!



Residents' Birthdays

Ms. Angela 5/10
Ms. Linda 5/24

April Showers Bring May Flowers!



Elancé at Boynton Beach Management Team



Executive Director: John Culhane
Director of Clinical Services: Mirela Susman
Community Relation Director: Jillian Castellano
Life Enrichment Director: Alyson Webb
Inspiritas Coordinator: Dahlia Bryan
Executive Chef: Paul Brusca

“This Month In History”

MAY

1922: The Lincoln Memorial is dedicated. It took eight years to build the statue of U.S. President Abraham Lincoln and its surrounding building on Washington, D.C.’s National Mall.

1939: The caped crimefighter Batman makes his debut in issue No. 27 of “Detective Comics.” The superhero was an instant hit with readers.

1945: Celebrations erupt worldwide after Allied leaders announce the end of fighting in Europe in World War II.

1963: High school junior Lesley Gore performs her first single, “It’s My Party,” on TV’s “American Bandstand.” The next week, the song topped the U.S. pop music chart.

1971: Merging 20 of America’s passenger railroad services into one, Amtrak begins service.

1994: Nelson Mandela is inaugurated as South Africa’s first Black president.

2001: Thousands line up to be the first customers when tech company Apple opens its first retail stores in Virginia and California.

2019: New York City officially renames the intersection of West 63rd Street and Broadway to Sesame Street to honor the 50th anniversary of the kids’ TV show.