

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	<p>10:00 ■ Blooming Roots with Conner (AR) [120 Min]</p> <p>10:15 ■ Movement Mondays (AR) [30 min] 🎵</p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Western Movies (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Senior Strengthening (LR) 🎵</p> <p>10:30 ■ <i>Power of Medicinal Chinese Plants (DR)</i></p> <p>11:00 ■ Attitude & Gratitude (LR)</p> <p>3:30 ■ RUI FIT: Move & Groove (LR) 🎵</p> <p>6:00 ■ Musical Movies (LR) 🎵</p>	<p>10:00 ■ Groove & Move With Logan (AR) [30 min] 🎵</p> <p>10:30 ■ Positive & Uplifting Stories (LR)</p> <p>1:30 ■ Outing 🚶</p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Wednesday Comedy (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Yoga (LR) 🎵</p> <p>11:00 ■ Attitude of Gratitude (LR)</p> <p>11:00 ■ Live Music with Tom Flutist (AR) [120 min]</p> <p>3:30 ■ RUI FIT: Move & Groove (LR) 🎵</p> <p>6:00 ■ America's Funniest Videos (LR) 🎵</p>	<p>10:00 ■ Strength Training With Logan (AR) [30 min] 🎵</p> <p>10:30 ■ Morning Affirmations (LR)</p> <p>2:00 ■ Virtual Tour</p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Feel Good Movie (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Morning Stretch (LR) 🎵</p> <p>10:30 ■ <i>Sounds of Nature in China (LR)</i> 🎵</p> <p>11:00 ■ <i>Meditation Sounds of Zen (LR)</i> 🎵</p> <p>2:00 ■ Card Games & Mocktails (DR)</p> <p>3:30 ■ RUI FIT: Chair One Exercises (LR)</p> <p>6:00 ■ Game Show Frenzy! (LR) 🎵</p>
7	8	9	10	11	12	13
<p>10:00 ■ RUI FIT: Stretch & Relax (LR) 🎵</p> <p>10:30 ■ Virtual Sunday Chapel (LR)</p> <p>11:00 ■ Sing Along: Gospel Hymns (LR) 🎵</p> <p>2:00 ■ Color Me Calm (DR)</p> <p>2:30 ■ Wonders of the World with National Geographic</p> <p>3:30 ■ RUI FIT: Indoor Air Volleyball</p> <p>6:00 ■ Sports Live! (LR) 🎵</p>	<p>10:15 ■ Movement Mondays (AR) [30 min] 🎵</p> <p>10:30 ■ <i>Chinese Horoscopes & Affirmations (LR)</i></p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Western Movies (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Senior Strengthening (LR) 🎵</p> <p>10:30 ■ <i>Power of Medicinal Chinese Plants (DR)</i></p> <p>11:00 ■ Attitude & Gratitude (LR)</p> <p>3:30 ■ RUI FIT: Move & Groove (LR) 🎵</p> <p>6:00 ■ Musical Movies (LR) 🎵</p>	<p>10:00 ■ Groove & Move With Logan (AR) [30 min] 🎵</p> <p>10:30 ■ Positive & Uplifting Stories (LR)</p> <p>1:30 ■ Outing 🚶</p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Wednesday Comedy (LR) 🎵</p>	<p>Cherry Blossom Festival</p> <p>10:00 ■ RUI FIT: Yoga (LR) 🎵</p> <p>11:00 ■ Attitude of Gratitude (LR)</p> <p>3:30 ■ RUI FIT: Move & Groove (LR) 🎵</p> <p>6:00 ■ America's Funniest Videos (LR) 🎵</p>	<p>10:00 ■ Strength Training With Logan (AR) [30 min] 🎵</p> <p>10:30 ■ Morning Affirmations (LR)</p> <p>2:00 ■ Virtual Tour</p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Feel Good Movie (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Morning Stretch (LR) 🎵</p> <p>10:30 ■ <i>Sounds of Nature in China (LR)</i> 🎵</p> <p>11:00 ■ <i>Meditation Sounds of Zen (LR)</i> 🎵</p> <p>2:00 ■ Card Games & Mocktails (DR)</p> <p>3:30 ■ RUI FIT: Chair One Exercises (LR)</p> <p>6:00 ■ Game Show Frenzy! (LR) 🎵</p>
14	15	16	17	18	19	20
<p>10:00 ■ RUI FIT: Stretch & Relax (LR) 🎵</p> <p>10:30 ■ Virtual Sunday Chapel (LR)</p> <p>11:00 ■ Sing Along: Gospel Hymns (LR) 🎵</p> <p>2:00 ■ Color Me Calm (DR)</p> <p>2:30 ■ Wonders of the World with National Geographic</p> <p>3:30 ■ RUI FIT: Indoor Air Volleyball</p> <p>6:00 ■ Sports Live! (LR) 🎵</p>	<p>10:15 ■ Movement Mondays (AR) [30 min] 🎵</p> <p>10:30 ■ <i>Chinese Horoscopes & Affirmations (LR)</i></p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Western Movies (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Senior Strengthening (LR) 🎵</p> <p>10:30 ■ <i>Power of Medicinal Chinese Plants (DR)</i></p> <p>11:00 ■ Attitude & Gratitude (LR)</p> <p>3:30 ■ RUI FIT: Move & Groove (LR) 🎵</p> <p>6:00 ■ Musical Movies (LR) 🎵</p>	<p>10:00 ■ Groove & Move With Logan (AR) [30 min] 🎵</p> <p>10:30 ■ Positive & Uplifting Stories (LR)</p> <p>1:30 ■ Outing 🚶</p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Wednesday Comedy (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Yoga (LR) 🎵</p> <p>11:00 ■ Attitude of Gratitude (LR)</p> <p>3:30 ■ RUI FIT: Move & Groove (LR) 🎵</p> <p>6:00 ■ America's Funniest Videos (LR) 🎵</p>	<p>10:00 ■ Strength Training With Logan (AR) [30 min] 🎵</p> <p>10:30 ■ Morning Affirmations (LR)</p> <p>2:00 ■ Virtual Tour</p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Feel Good Movie (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Morning Stretch (LR) 🎵</p> <p>10:30 ■ <i>Sounds of Nature in China (LR)</i> 🎵</p> <p>11:00 ■ <i>Meditation Sounds of Zen (LR)</i> 🎵</p> <p>2:00 ■ Card Games & Mocktails (DR)</p> <p>3:30 ■ RUI FIT: Chair One Exercises (LR)</p> <p>6:00 ■ Game Show Frenzy! (LR) 🎵</p>
21	22	23	24	25	26	27
<p>10:00 ■ RUI FIT: Stretch & Relax (LR) 🎵</p> <p>10:30 ■ Virtual Sunday Chapel (LR)</p> <p>11:00 ■ Sing Along: Gospel Hymns (LR) 🎵</p> <p>2:00 ■ Color Me Calm (DR)</p> <p>2:30 ■ Wonders of the World with National Geographic</p> <p>3:30 ■ RUI FIT: Indoor Air Volleyball</p> <p>6:00 ■ Sports Live! (LR) 🎵</p>	<p>10:15 ■ Movement Mondays (AR) [30 min] 🎵</p> <p>10:30 ■ <i>Chinese Horoscopes & Affirmations (LR)</i></p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Western Movies (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Senior Strengthening (LR) 🎵</p> <p>10:30 ■ <i>Power of Medicinal Chinese Plants (DR)</i></p> <p>11:00 ■ Attitude & Gratitude (LR)</p> <p>3:30 ■ RUI FIT: Move & Groove (LR) 🎵</p> <p>6:00 ■ Musical Movies (LR) 🎵</p>	<p>10:00 ■ Groove & Move With Logan (AR) [30 min] 🎵</p> <p>10:30 ■ Positive & Uplifting Stories (LR)</p> <p>1:30 ■ Outing 🚶</p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Wednesday Comedy (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Yoga (LR) 🎵</p> <p>11:00 ■ Attitude of Gratitude (LR)</p> <p>2:00 ■ Live Music with Guitar Billy (D) [60 Min]</p> <p>3:30 ■ RUI FIT: Move & Groove (LR) 🎵</p> <p>6:00 ■ America's Funniest Videos (LR) 🎵</p>	<p>10:00 ■ Strength Training With Logan (AR) [30 min] 🎵</p> <p>10:30 ■ Morning Affirmations (LR)</p> <p>2:00 ■ Virtual Tour</p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Feel Good Movie (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Morning Stretch (LR) 🎵</p> <p>10:30 ■ <i>Sounds of Nature in China (LR)</i> 🎵</p> <p>11:00 ■ <i>Meditation Sounds of Zen (LR)</i> 🎵</p> <p>2:00 ■ Card Games & Mocktails (DR)</p> <p>3:30 ■ RUI FIT: Chair One Exercises (LR)</p> <p>6:00 ■ Game Show Frenzy! (LR) 🎵</p>
28	29	30				
<p>10:00 ■ RUI FIT: Stretch & Relax (LR) 🎵</p> <p>10:30 ■ Virtual Sunday Chapel (LR)</p> <p>11:00 ■ Sing Along: Gospel Hymns (LR) 🎵</p> <p>2:00 ■ Color Me Calm (DR)</p> <p>2:30 ■ Wonders of the World with National Geographic</p> <p>3:30 ■ RUI FIT: Indoor Air Volleyball</p> <p>6:00 ■ Sports Live! (LR) 🎵</p>	<p>10:15 ■ Movement Mondays (AR) [30 min] 🎵</p> <p>10:30 ■ <i>Chinese Horoscopes & Affirmations (LR)</i></p> <p>3:30 ■ Movement & Meditation With Logan (AR) [30 min] 🎵</p> <p>4:00 ■ Virtual Nature Explorations 🎵</p> <p>6:00 ■ Western Movies (LR) 🎵</p>	<p>10:00 ■ RUI FIT: Senior Strengthening (LR) 🎵</p> <p>10:30 ■ <i>Power of Medicinal Chinese Plants (DR)</i></p> <p>11:00 ■ Attitude & Gratitude (LR)</p> <p>3:30 ■ RUI FIT: Move & Groove (LR) 🎵</p> <p>6:00 ■ Musical Movies (LR) 🎵</p>				