

April 2024

RUI University Outings
RUI FIT Social
Entertainment Intellectual
Spiritual Committee Meetings
Games Kiosk/Shopping

Music★ Resident-Led Programming

RSVP Required

AT PASADENA						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sapphire Regatta FRIDAY, APRIL 19 11:30 AM - 1:00 PM	1 10:00 ■ Balance Your Being!, A 10:00 ■ Monday Manicures, LR 10:45 ■ Aqua Aerobics, P 11:00 ■ Sound Journey Meditation, TH 1:00 ■ Qigong Movement Exercise, A* 2:00 ■ The Worst Movies Ever Made, A 5:00 ■ Piano with Marc, L♪ 6:00 ■ Hand & Foot, F★	9:00 ■ 8 Ball Pool, F★ 10:00 ■ Vinyasa Workout for Beginners, A * 11:00 ■ Life Enrichment EZ Speak, A 11:45 ■ Feet to the Fire Writers Group, A 1:00 ■ Strength Training, A* 1:45 ■ Culinary EZ Speak, F 3:45 ■ Social Hour, L 6:30 ■ Evening Movie, TH	9:00 Blood Pressure Screening, L 10:00 Gym Circuits Group, G 10:00 Movement & Wellness, A * 10:30 Beginners Spanish 101, MPR 10:45 Aqua Aerobics, P 1:00 Chair Yoga, A * 1:00 Transportation EZ Speak, F 7:00 BINGO, A★	9:00 8 Ball Pool, F★ 10:00 Chele Boutique, L 10:00 Fun, Fit & Fab, A 11:00 Housekeeping EZ Speak, A 1:00 Chair One, A* 1:00 Memory Support Group, KL 1:00 Quick Trivia!, F 2:00 RUI Fit Health Talk, A 3:30 Piano with Karen, L♪	10:00 Cardio Drumming, A 10:45 Aqua Aerobics, P 11:00 BINGO, A 12:00 Lunch at Cracker Barrel, O 3:00 TED Talks, F 6:00 Hand & Foot, F★ 6:30 David Pedraza's Viola Concert, A	10:00 Morning Stroll, Meet in Main Entrance ★ 11:00 Coffee Chat Circle, WFP 1:00 Music with Mike Boyd, L♪ 2:00 Movie: Cast Away, TH 6:00 Poker, F★ 6:30 Evening Movie, TH 6:30 St. Pete Sax Quartet Concert, A♪
7 10:00 Morning Stroll, Meet in Main Entrance★ 10:00 Nondenominational Service, A 1:00 Jenga, A 2:00 Movie: Enough Said, TH 6:30 Evening Movie, TH 7:00 BINGO, A★	10:00 Balance Your Being!, A 10:00 Monday Manicures, LR 10:45 Aqua Aerobics, P 11:00 Sound Journey Meditation, TH 1:00 Qigong Movement Exercise, A* 2:00 Elance Vacance Travel Group Meeting, A 5:00 Piano with Marc, L♪ 6:00 Hand & Foot, F★	9:00 8 Ball Pool, F 10:00 Vinyasa Workout for Beginners, A* 11:00 Feet to the Fire Writers Group, A 12:00 April Birthday Lunch, KWDR 1:00 Strength Training, A* 2:00 Holland: More than Tulips, Windmills & Cheese, A 3:45 Social Hour, L 6:30 Evening Movie, TH	9:00 Blood Pressure Screening, L 10:00 Gym Circuits Group, G 10:00 Movement & Wellness, A * 10:30 Beginners Spanish 101, MPR 10:45 Aqua Aerobics, P 11:00 Resident Town Hall, A 1:00 Chair Yoga, A * 2:00 Bayada Wellness Talk, A 7:00 BINGO, A★	9:00 ■ 8 Ball Pool, F★ 10:00 ■ Fun, Fit & Fab, A 11:00 ■ The Reel Deal Movie Club, MPR 1:00 ■ Chair One, A* 1:00 ■ Memory Support Group, KL 1:00 ■ Quick Trivia!, F 2:00 ■ Remember Sheldon Harnick: A Lyricist's Lyricist, A 3:30 ■ Piano with Karen, L.	12 10:00 Cardio Drumming, A 10:30 Plates of Pasadena Lunch Outing, O 10:45 Aqua Aerobics, P 11:00 BINGO, A 2:00 Tech Help Hour with Life Enrichment, A 3:00 TED Talks, F 6:00 Hand & Foot, F★	13 10:00 Morning Stroll, Meet in Main Entrance ★ 11:00 Coffee Chat Circle, WFP 2:00 Movie: My Cousin Vinny, TH 6:00 Poker, F★ 6:30 Evening Movie, TH 6:30 Mystery Concert, O♪
14 10:00 Morning Stroll, Meet in Main Entrance★ 10:00 Nondenominational Service, A 1:00 Jenga, A 2:00 Movie: Clue, TH 6:30 Evening Movie, TH 7:00 BINGO, A★	15 10:00 ■ Balance Your Being!, A 10:00 ■ Monday Manicures, LR 10:45 ■ Aqua Aerobics, P 11:00 ■ Sound Journey Meditation, TH 1:00 ■ Qigong Movement Exercise, A* 2:00 ■ How Memory Works, A 5:00 ■ Piano with Marc, L♪ 6:00 ■ Hand & Foot, F★	9:00 ■ 8 Ball Pool, F★ 10:00 ■ Vinyasa Workout for Beginners, A* 11:00 ■ Feet to the Fire Writers Group, A 12:00 ■ Ladies' Lunch, A ■ 1:00 ■ Strength Training, A* 1:30 ■ Garden Club Meeting, F★ 3:45 ■ Social Hour, L 6:30 ■ Evening Movie, TH	9:00 ■ Blood Pressure Screening, L 10:00 ■ Gym Circuits Group, G 10:00 ■ Movement & Wellness, A * 10:00 ■ Sunken Gardens & Lunch - \$12 + \$ for Lunch, O ■ 10:30 ■ Beginners Spanish 101, MPR 10:45 ■ Aqua Aerobics, P 12:00 ■ Men's Club Lunch, F ■ 1:00 ■ Chair Yoga, A * 2:00 ■ Team Trivial Pursuit, A 7:00 ■ BINGO, A ★	9:00 ■ 8 Ball Pool, F★ 10:00 ■ Fun, Fit & Fab, A 11:00 ■ Resident & Family Support Group with Bluestone, MPR 1:00 ■ Chair One, A* 1:00 ■ Memory Support Group, KL 1:00 ■ Quick Trivial, F 2:00 ■ Taste of RUI: Italy, A 3:30 ■ Piano with Karen, L♪ 6:30 ■ Dominoes, F★	19 10:00 Cardio Drumming, A 10:45 Aqua Aerobics, P 11:00 BINGO, A 11:30 Sapphire Regatta, DR 2:00 3 Feet Behind Concert, A 3:00 TED Talks, F 6:00 Hand & Foot, F★	10:00 Morning Stroll, Meet in Main Entrance ★ 11:00 Coffee Chat Circle, WFP 1:00 Music with Mike Boyd, L♪ 2:00 Movie: Murder by Death, TH 6:00 Poker, F★ 6:30 Evening Movie, TH 6:30 Will & Michelle's Evening Concert, A♪
Happy National Volunteer Week! 21 10:00	10:00 Balance Your Being!, A 10:00 Monday Manicures, LR 10:45 Aqua Aerobics, P 11:00 Sound Journey Meditation, TH 12:00 Veterans Lunch & Learn with Patriot Angels, KWDR 1:00 Qigong Movement Exercise, A* 5:00 Piano with Marc, L♪ 6:00 Hand & Foot, F★	9:00 ■ 8 Ball Pool, F★ 10:00 ■ Vinyasa Workout for Beginners, A * 11:00 ■ Feet to the Fire Writers Group, A 1:00 ■ Strength Training, A* 2:00 ■ Season of Renewal: Illuminating the Seder through the Music and Rituals of Passover, A 3:00 ■ As The Page Turns Book Club, A 3:45 ■ Social Hour, L 5:00 ■ Passover Seder, A ■ 6:30 ■ Evening Movie, TH	9:00 Blood Pressure Screening, L 10:00 Gym Circuits Group, G 10:00 Movement & Wellness, A * 10:30 Beginners Spanish 101, MPR 10:45 Aqua Aerobics, P 11:00 Coffee with Collin, A 1:00 Chair Yoga, A * 2:00 Marc Bosserman's Afternoon Concert, A ♪ 7:00 BINGO, A★	9:00 ■ 8 Ball Pool, F★ 9:00 Volunteer Appreciation Breakfast - By Invitation Only, A ■ 10:00 Fun, Fit & Fab, A 11:00 The Reel Deal Movie Club, MPR 1:00 Chair One, A* 1:00 Memory Support Group, KL 1:00 Quick Trivia!, F 2:00 Uncorked Wine Class: France, A 3:30 Piano with Karen, L♪	10:00 Cardio Drumming, A 10:30 Picnic at Fort DeSoto Park, O 10:45 Aqua Aerobics, P 11:00 BINGO, A 2:00 Pesi & Sue's Interactive Karaoke, A 3:00 TED Talks, F 6:00 Hand & Foot, F★	10:00 Morning Stroll, Meet in Main Entrance ★ 11:00 Coffee Chat Circle, WFP 2:00 Movie: Are You There God? It's Me, Margaret., TH 6:00 Poker, F★ 6:30 Evening Movie, TH 6:30 Steve Walker's Saturday Serenade, A♪
10:00 Morning Stroll, Meet in Main Entrance ★ 10:00 Nondenominational Service, A 1:00 Jenga, A 2:00 Movie: Days of Heaven, TH 6:30 Evening Movie, TH 7:00 BINGO, A★	10:00 Balance Your Being!, A 10:00 Monday Manicures, LR 10:45 Aqua Aerobics, P 11:00 Sound Journey Meditation, TH 1:00 Qigong Movement Exercise, A* 2:00 Rick Davis Live, A♪ 5:00 Piano with Marc, L♪ 6:00 Hand & Foot, F★	9:00 8 Ball Pool, F★ 10:00 Vinyasa Workout for Beginners, A * 11:00 Feet to the Fire Writers Group, A 12:30 Veterans Club Lunch, KWDR 1:00 Strength Training, A* 3:45 Social Hour, L 6:30 Evening Movie, TH	Please note that all Life Enrichment activities are subject to change based on the needs and desires of our residents. Outdoor programs are weather dependent. Programs run for an hour unless otherwise noted. Those with an "*" are half an hour.	Daily Movies in Movie Theater 2:00 PM and 6:30 PM Please see flyer included with your newsletter for complete movie listing.	Location Key A - Auditorium (2nd Floor) BO - Bayada Office (2nd Floor) CL - Computer Lab (2nd Floor) CY - Courtyard D - Dock DR - Dining Room (1st Floor) F - Friendship Room (2nd Floor) G - Gym (1st Floor) KL - Key Largo (1st Floor)	KWDR - Key West Dining Room L - Lobby (1st Floor) LR - AL Living Room (1st Floor) MPR - Multipurpose Room (2nd Floor) O - Outing P - Pool SVR - Skyview Room (Apt. 2105) TH - Theater WFP - Waterfront Patio