

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Mother's Day Brunch</i></p> <p><b>SUNDAY, MAY 12</b> 12:00 PM - 1:00 PM in the Bistro</p>	<p><b>LUXE Unlimited Salon &amp; Spa</b> Tuesdays &amp; Thursdays -9:00AM - 5:00PM</p>	<p><b>Location Key</b> B- Bistro AR- Activity Room LIB- Library G- Gym CY- Courtyard</p>	<p>1</p> <p>9:30  Coffee &amp; Chronicles (B) 10:00  Chair Yoga (LIB) 11:00  Read aloud w/ Bright Mind Preschool (B) 1:30  Rummikub (B) 2:00  <b>Shopping Trip: Residents Choice</b>  4:00  Ice Cream Social (CY)</p>	<p>2</p> <p>9:30  Coffee &amp; Chronicles (B) 10:30  RUI Fit: Fitness Fiesta (AR) 10:45  Floral Club (B) 1:30  RUI Fit: Walking Club 2:30  TED Talk (AR) 3:00  Health Talk w/ Kadija (AR)</p>	<p>3</p> <p>9:30  Coffee &amp; Chronicles (B) 10:00  Gentle Seated Yoga (AR) 10:30  Great American Music w/ Adam Melia (AR) 1:30  Netflix Series: The Crown (AR) 3:00  <b>Cinco De Mayo Social (B)</b></p>	<p>4</p> <p>10:00  Saturday Stretch (AR) 11:00  <b>The Naturalist Show w/ Dean Howarth (B)</b> 1:30  Movie Matinee &amp; Popcorn (AR) 3:00  BINGO (B) 3:30  <b>Concert: Dreama (B)</b>  4:00  Social Hour (B)</p>
<p>5</p> <p><b>Cinco De Mayo</b> 10:00  Sunday Stroll 12:00  Sunday Brunch (DR) 1:30  Rummikub (B) 4:00  Social Hour (B)</p>	<p>6</p> <p>9:30  Coffee &amp; Chronicles (B) 10:30  Exercise w/ Legacy (AR) 11:00  <b>Vince Borrelli Musical Performance (B)</b>  1:30  Monday Matinee &amp; Popcorn (AR) 4:00  Game Time in the Bistro (B)</p>	<p>7</p> <p>9:15  Holy Communion w/ St. Mary's (AR) 9:30  Coffee &amp; Chronicles (B) 11:00  <b>Outing to Founders Park</b>  1:30  RUI Fit: Chair One (AR) 4:00  Trivia Tuesday (B)</p>	<p>8</p> <p>9:30  Coffee &amp; Chronicles (B) 10:00  Chair Yoga (LIB) 11:00  <b>Resident Council (B)</b> 1:30  Rummikub (B) 2:00  <b>Outing: Ice Cream</b>  4:00  <b>Nashville Standard: Adam Melia (B)</b> </p>	<p>9</p> <p>9:30  Coffee &amp; Chronicles (B) 10:30  RUI Fit: Strength Training (AR) 10:45  Floral Club (B) 1:30  RUI Fit: Walking Club 2:30  TED Talk (AR) 3:30  <b>The Power of Music (AR)</b> 6:30  <b>Outing: Saxophone Serenades in the Secret Garden</b> </p>	<p>10</p> <p>9:30  Coffee &amp; Chronicles (B) 10:00  Gentle Seated Yoga (AR) 10:30  <b>Chocolate Road Show (AR)</b> 1:30  Netflix Series: The Crown (AR) 3:30  Kings in the Corner (B) 4:00  <b>New Resident Social (B)</b></p>	<p>11</p> <p>10:00  Saturday Stretch (AR) 10:30  Canvas Painting w/ Nina (AR) 1:30  Movie Matinee &amp; Popcorn (AR) 3:30  BINGO (B) 4:00  <b>Folk &amp; Country Music w/ Andrew (B)</b> </p>
<p>12</p> <p><b>Mother's Day</b> 10:00  Sunday Stroll 12:00  <b>Mother's Day Brunch w/ Harp Music (DR)</b> 1:30  Rummikub (B) 4:00  Social Hour (B)</p>	<p>13</p> <p>9:30  Coffee &amp; Chronicles (B) 10:30  Exercise w/ Legacy (AR) 1:30  Monday Matinee &amp; Popcorn (AR) 3:00  <b>Musical Performance w/ Jon Futrell (B)</b>  4:00  Game Time in the Bistro (B)</p>	<p>14</p> <p>9:30  Coffee &amp; Chronicles (B) 10:30  RUI Fit: Strength Training (AR) 11:00  <b>Music, Movement &amp; Memory (AR)</b>  1:30  RUI Fit: Yoga (AR) 4:00  Trivia Tuesday (B)</p>	<p>15</p> <p>9:30  Coffee &amp; Chronicles (B) 10:00  Chair Yoga (LIB) 11:00  Read aloud w/ Bright Mind Preschool (B) 1:30  Senior Fit Clinic &amp; Massage w/ Legacy (B) 3:30  <b>Catholic Mass with Father Joseph (AR)</b> 4:00  Ice Cream Social (CY)</p>	<p>16</p> <p>9:30  Coffee &amp; Chronicles (B) 10:30  RUI Fit: Strength Training (AR) 10:45  Floral Club (B) 1:30  RUI Fit: Walking Club 2:30  TED Talk (AR) 4:00  <b>Uncorked: Germany (B)</b></p>	<p>17</p> <p>9:30  Coffee &amp; Chronicles (B) 10:00  Gentle Seated Yoga (AR) 10:30  <b>PAL Pet Visit (B)</b> 1:30  Netflix Series: The Crown (AR) 3:30  Kings in the Corner (B) 4:00  Friday Happy Hour (B)</p>	<p>18</p> <p>10:00  Saturday Stretch (AR) 10:30  Canvas Painting w/ Nina (AR) 1:30  Movie Matinee &amp; Popcorn (AR) 3:30  BINGO (B) 4:00  Social Hour (B)</p>
<p>19</p> <p>10:00  Sunday Stroll 12:00  Sunday Brunch (DR) 1:30  Rummikub (B) 4:00  Social Hour (B)</p>	<p>20</p> <p>9:30  Coffee &amp; Chronicles (B) 10:30  Exercise w/ Legacy (AR) 11:00  <b>Country Music w/ Tommy Bouch (B)</b>  1:30  Monday Matinee &amp; Popcorn (AR) 4:00  <b>Music Appreciation &amp; Dancing w/ Victor (B)</b></p>	<p>21</p> <p>9:15  Holy Communion w/ St. Mary's (AR) 9:30  Coffee &amp; Chronicles (B) 10:00  <b>Navigating the News (AR)</b> 11:00  RUI Fit: Strength Training (AR) 1:30  RUI Fit: Chair One (AR) 4:00  Trivia Tuesday (B)</p>	<p>22</p> <p>9:30  Coffee &amp; Chronicles (B) 10:00  Chair Yoga (LIB) 11:00  <b>Lunch Bunch</b>  1:30  Rummikub (B) 4:00  <b>Jerry Roman the Piano Man (B)</b> </p>	<p>23</p> <p>9:30  Coffee &amp; Chronicles (B) 10:30  RUI Fit: Strength Training (AR) 10:45  Floral Club (B) 1:30  RUI Fit: Walking Club 2:30  Armchair Travel: France (AR) 3:30  <b>Taste of RUI: France (B)</b></p>	<p>24</p> <p>9:30  Coffee &amp; Chronicles (B) 10:00  Gentle Seated Yoga (AR) 1:30  Netflix Series: The Crown (AR) 3:30  Kings in the Corner (B) 4:00  <b>Happy Hour w/ Live Entertainment from David Weaver (B)</b> </p>	<p>25</p> <p>10:00  Saturday Stretch (AR) 11:00  <b>Art Workshop w/ Tim Trueheart (AR)</b> 1:30  Movie Matinee &amp; Popcorn (AR) 3:30  BINGO (B) 4:00  Social Hour (B)</p>
<p>26</p> <p>10:00  Sunday Stroll 12:00  Sunday Brunch (DR) 1:30  Rummikub (B) 4:00  Social Hour (B)</p>	<p>27</p> <p><b>Memorial Day</b> 9:30  Coffee &amp; Chronicles (B) 10:00  Chair Yoga (AR) 1:30  Monday Matinee &amp; Popcorn (AR) 4:00  <b>Memorial Day Cookout (CY)</b></p>	<p>28</p> <p>9:15  Holy Communion w/ St. Mary's (AR) 9:30  Coffee &amp; Chronicles (B) 10:30  RUI Fit: Strength Training (AR) 11:00  <b>Music, Movement &amp; Memory (AR)</b>  1:30  RUI Fit: Yoga (AR) 3:00  <b>National Health &amp; Fitness Social (CY)</b> 4:00  Trivia Tuesday (B)</p>	<p>29</p> <p>9:30  Coffee &amp; Chronicles (B) 10:00  Chair Yoga (LIB) 11:00  <b>Lunch Bunch</b>  1:30  Rummikub (B) 2:00  <b>Shopping Trip: Residents Choice</b>  4:00  Ice Cream Social (CY)</p>	<p>30</p> <p>9:30  Coffee &amp; Chronicles (B) 10:30  RUI Fit: Strength Training (AR) 10:45  Floral Club (B) 1:30  <b>Outing: Top Golf</b> 2:00  <b>Echoes of Nature (AR)</b> 3:00  TED Talk (AR)</p>	<p>31</p> <p>9:30  Coffee &amp; Chronicles (B) 10:00  Gentle Seated Yoga (AR) 1:30  Netflix Series: The Crown (AR) 3:30  Kings in the Corner (B) 4:00  <b>Birthday Social (B)</b></p>	<p>Please note that all Life Enrichment activities are subject to change based on the needs and desires of the residents. Outdoor activities are weather dependent. All programs run for an hour unless otherwise noted. Those with (*) are half hour.</p>