



ELANCÉ

AT PASADENA

1255 Pasadena Avenue S • South Pasadena, FL 33707 • 727-381-5411

<http://www.elanceluxuryliving.net/pasadena>

PLEASE JOIN US!

Sapphire Regatta

**FRIDAY, APRIL 19
11:30 AM - 1:00 PM**

Join us for a refreshing
Taste of RUI Brunch menu,
musical entertainment and
RC boat racing on the dock!

**Guest Meals: \$25
RSVP by 4/16 at 727.812.3904**



ELANCÉ
AT PASADENA

April 2024

In This Issue:

In this issue of our monthly newsletter, you will learn about one of our very own residents and find out more about special events coming up this month. Don't forget to mark your calendars! Be sure to also stay tuned to our Facebook page. To make reservations for outings and special events, please call our reservation line at 727-812-3904.

Save the Date

- 4/1 RUIU: The Worst Movies Ever Made
- 4/2 Life Enrichment EZ Speak
- 4/4 RUI FIT Health Talk
- 4/6 St. Pete Sax Quartet Concert
- 4/9 RUIU: Travels with Chris Wells: Holland
- 4/10 Bayada Wellness Talk
- 4/11 RUIU: Remembering Sheldon Harnick
- 4/11 The Reel Deal Movie Club (1st Meeting)
- 4/16 New Resident Mix & Mingle
- 4/17 Team Trivial Pursuit
- 4/18 Taste of RUI: Italy
- 4/19 Sapphire Regatta Brunch
- 4/19 3 Feet Behind Concert
- 4/20 Will & Michelle's Evening Concert
- 4/23 RUIU: The Music and Rituals of Passover
- 4/23 As the Page Turns Book Club
- 4/23 Passover Seder
- 4/24 Marc Bosserman's Piano Concert
- 4/25 The Reel Deal Movie Club (2nd Meeting)
- 4/25 Uncorked Wine Class: France
- 4/26 Pesi & Sue's Interactive Karaoke
- 4/27 Steve Walker's Saturday Serenade
- 4/29 Live with Rick Davis
- 4/30 Veterans Club Lunch



A Letter From Our Executive Director: Collin Baranick

There are few things more inviting than springtime in Florida. From our beautiful nature surroundings, to the fun local festivities, there's always something to look forward to.

This April, we're definitely looking forward to our Sapphire Regatta Brunch Party. We'd like to invite you on Friday, April 19th, to an afternoon filled with Floridian favorites, from a refreshing sea-themed menu in our Main Dining Room, to fun happenings on our bayside dock. It is sure to be a good time and we hope to see you there!

It's only human to search for something to look forward to, but sometimes we can open ourselves up to new opportunities by extending offerings and invitations to others. When others can sense our sincerity and good intent, the power of connection unfolds before our eyes. All of this can start with you!

Resident Spotlight

Pat T.



Ms. Pat T. was born in Sheepshead Bay, Brooklyn, New York, on December 15, 1939, to Edward and Mary McGrath. She was the second child, born 11 years after her older sister, Frances. Pat's mother passed away when she was 12, but she was lucky to have her father and adult sister to take care of her.

She went to St. Mark's Church for grammar school, and her father worked there as a pastor. After that, she attended Catherine McAuley High School in Brooklyn, where she graduated in 1956. She was offered a part-time position at Hanover Bank on Broadway, but it soon turned full-time, as she worked in the transfer and wire department for 3 years.

After those 3 years, Pat moved to San Diego, California, with a friend, and after a few months she began work at ACDC Electronics in Oceanside. This was the start of computers, and much of her work on the line was assembling wires and circuit boards. She worked her way up through the company from the line after briefly covering for a higher up employee on maternity leave, and eventually was offered a position at Emerson as the secretary of the

controller, which she transferred to.

One night, a friend asked her to join her in attending a dance on a local military base, which she agreed to. There, she would meet her husband, Frank Trujillo. They immediately hit it off and after some months together, the pair would get engaged shortly before he was to go off to Vietnam. When he returned, the two were married in 1966. They would have 3 daughters: Kathy, Laurie, and Trisha. Pat recalls her daughters being great at basketball, and how when they all had finally moved out, she almost began attending random school games out of boredom.

When asked her favorite memories, Pat thinks of all the travel she has done in her life. With 17 trips to Hawaii under her belt with her sister and no shortage of traveling with her husband, Pat took the time to see and do it all. Of all her destinations, though, Hawaii was her favorite.

She says from the people to the scenery to the water, she loves everything about Hawaii. There, she even learned to snorkel and scuba. To remember this, Pat has a tattoo of a turtle on her ankle commemorating the time she snorkeled with the sea turtles!

Today, Pat can often be found in a card game, exercise class, or chatting in the common areas with a friend here at Elancé at Pasadena.



RUI Fit Tip

Regular exercise is crucial for seniors, with guidelines suggesting 150 minutes of activity

each week, ideally distributed over 5 days. If that is too much, then aim for 3 times a week. This routine not only alleviates stress and tension but also fortifies muscles, improves endurance, and optimizes bodily function. Moreover, exercise promotes better sleep, reduces the risk of chronic diseases, and enhances mental well-being, contributing to a higher quality of life for seniors.



Wacky Movie Mondays

In honor of April Fools' Day, join Bob Ross in the Auditorium on Monday, April 1st, as he leads a talk on "The Worst Movies Ever Made!" Every Monday in the month of April, we will be showing one of these movies in our Movie Theater at our normally scheduled showing times. Prepare yourself for a good laugh!



Inspiritas: Coast to Coast - Japan

Happy April! Join us on the next leg of our annual theme, "Coast to Coast," as we dive into the enchanting landscapes of Yakushima & Okinawa, Japan. Immerse yourself in the rich tapestry of ancient Japanese cultures through purposeful engagement programming.

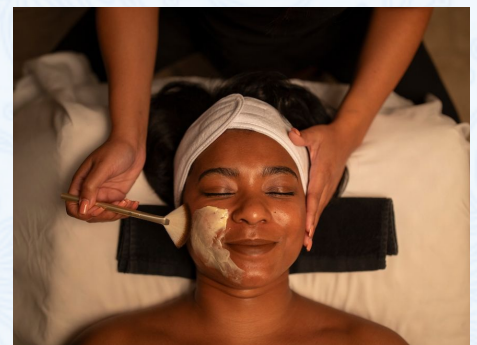
Our exploration will awaken your senses, from the sights of stunning coastlines to the sounds of traditional music, the textures of historic architecture, and the flavors of authentic Japanese cuisine. Let's make memories together as we bridge the distance from coast to coast, uniting us in the spirit of discovery and cultural appreciation. Arigatou gozaimasu! Check our program calendar to learn more!



LUXE UNLIMITED™
SALON AND SPA

5 Tips for Springtime Skin Care

- Gently exfoliate your skin to get rid of dry, dead skin from the cold winter months.
- Moisturize your skin, including your face, hands, and décolleté.
- Wear SPF daily, especially when you know that you will be outside for long periods on a nice day.
- Add an anti-oxidant to your skincare routine to protect from free radicals.
- Drink plenty of water!



Your skin is your largest organ, so it is important to take care of it just like you do the rest of your body! Interested in learning more about what LUXE Unlimited has to offer? Give us a call at 540-501-6043 for assistance or visit us online at www.luxeunlimited.net. Online booking is available.

Team of Directors



- Executive Director: *Collin Baranick*
- Community Relations Director: *Amber Sweeney*
- Move-In Coordinator: *Weslee Paul*
- Director of Food and Beverage: *Phyllis Brown*
- Business Office Manager: *Takisha Butler*
- Human Resources Manager: *Samantha Brzezinski*
- Environmental Services Director: *Jessie Artidiello*
- Director of Nursing: *Shalika Vitta*
- Assistant Director of Nursing: *Shawn Williams*
- Independent Resident Relations Director and Interim Housekeeping Director: *Daphne Law*
- Life Enrichment Director: *Delena Waters*

Word Search

Category: Major League Baseball Teams

A	D	T	I	G	E	R	S	P	G	D	M
S	W	C	U	B	S	N	I	K	H	O	M
T	S	H	D	S	R	S	P	R	D	D	
R	T	G	I	Y	A	N	K	O	E	G	R
O	N	H	A	T	I	K	C	S	D	E	O
S	A	R	E	L	E	K	M	T	S	R	Y
E	I	S	R	D	I	S	B	E	O	S	A
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O	M	D	S	R	E	D	S	X	G	G	S
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- Word Search Solution:
- | | |
|------------|---------------|
| 1. Angels | 11. Pirates |
| 2. Astros | 12. Rangers |
| 3. Braves | 13. Rays |
| 4. Cubs | 14. Reds |
| 5. Dodgers | 15. Red Sox |
| 6. Giants | 16. Rockies |
| 7. Marlins | 17. Royals |
| 8. Mets | 18. Tigers |
| 9. Orioles | 19. Twins |
| 10. Padres | 20. White Sox |

