

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key FC: RUI FIT Fitness Center (4th floor) B: Bistro (3rd floor) L: Library (3rd floor) MT: Movie Theater (4th floor) TR: Tap Room (2nd floor) FP: Fireplace Room (2nd floor) PL: Piano Lounge (2nd floor) Terr: Outdoor Terrace (2nd floor) RUIU: RUI University Classroom (1st floor) P: Pool (1st floor)	April Fools' Day 1 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Pool Aerobics with Coach Norma* (P) 11:15 Rhythm Lessons with Lee Jones (RUIU) 1:30 Movie Matinee (MT) 1:30 RUI FIT: Yoga and Meditation with Coach Norma* (FC) 1:45 Nickel Bingo (TR) 3:00 Jazz Through The Ages with Quentin (MR) 4:00 Rummikub Club (PL) 7:15 Evening Movie (MT)	2 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Chair Aerobics* (FC) 1:00 Outing: National Portrait Gallery 1:30 Movie Matinee (MT) 2:00 Big Word Little Word (FC) 3:00 Tuesday Trivia Tournament (TR) 4:00 Headlines & Horoscopes (TR) 7:15 Evening Movie (MT)	3 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Yoga and Meditation with Coach Norma* (FC) 1:30 Movie Matinee (MT) 1:30 RUI FIT: Gentle Stretching with Coach Norma* (FC) 2:00 RUI University: Music, Movement and Memory (MT) 3:00 Wine-d Down Wednesday Paint and Sip: Spring Mountain Range (TR) 4:00 Rosary Group (RUIU) 7:15 Evening Movie (MT)	4 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Exercise with Legacy Healthcare Services* (FC) 11:15 Monthly TED Talk Series: Ancient Roman Influence* (MT) 1:30 Movie Matinee (MT) 1:45 Nickel Bingo (PL) 3:00 Happy Hour Concert (PL) 4:00 Tech Help Corner* (FP) 7:15 Evening Movie (MT)	5 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Pool Aerobics with Coach Norma (P) 1:30 Movie Matinee (MT) 2:00 RUI FIT: Tai Chi with Coach Norma* (FC) 2:30 Feet to the Fire Writers' Workshop* (FP) 3:00 West End Programming Committee Meeting (RUIU) 4:00 Scrabble Club (PL) 7:15 Evening Movie (MT)	6 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Saturday Seated Exercises* (FC) 11:15 Eversound Learning Lab: Music & Memories: Women of Rock (MT) 1:30 Movie Matinee (MT) 1:45 RUI Ticket Bingo (PL) 3:00 Saturday Jeopardy Club (TR) 4:00 Saturday Scoop: A Look at the Week Ahead* (FP) 7:15 Evening Movie (MT)
National Beer Day 7 10:30 RUI FIT: Seated Zumba (FC) 11:15 History Discussion: This Week In History* (FP) 11:30 Catholic Communion (RUIU) 1:30 Movie Matinee (MT) 2:00 Big Word Little Word (FC) 2:00 Elancé at West End Book Club (L) 3:00 National Beer Day Beer Flight Tasting (TR) 4:00 RUI FIT: Sunday Evening Meditation (FC) 7:15 Evening Movie (MT)	March Madness Championship 8 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Pool Aerobics with Coach Norma* (P) 1:30 Movie Matinee (MT) 1:30 RUI FIT: Tai Chi with Coach Norma* (FC) 1:45 Nickel Bingo (TR) 3:00 April Birthday Bash with Yvonne Johnson (PL) 4:00 Rummikub Club (PL) 7:15 Evening Movie (MT)	9 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Chair Aerobics* (FC) 1:00 Outing: Renwick Gallery 1:30 Movie Matinee (MT) 2:00 Big Word Little Word (FC) 3:00 Tuesday Trivia Tournament (TR) 4:00 Headlines & Horoscopes (TR) 7:15 Evening Movie (MT)	10 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Pool Aerobics with Coach Norma* (P) 11:15 Coffee & Chat with the Executive Director* (B) 1:30 Dance Lessons with Richard and Cherisse (FC) 1:30 Movie Matinee (MT) 3:00 Wine-d Down Wednesday Paint and Sip: Watercolor Cherry Tree (TR) 4:00 Rosary Group (RUIU) 7:15 Evening Movie (MT)	National Pet Day 11 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Exercise with Legacy Healthcare Services* (FC) 11:15 The Art of China (RUIU) 1:30 Movie Matinee (MT) 1:45 Nickel Bingo (PL) 3:00 New Resident Social (TR) 4:00 Tech Help Corner* (FP) 7:15 Evening Movie (MT)	International Day for Human Space Flight 12 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Friday Free Weights* (FC) 11:15 Wheelchair and Walker Cleaning with Legacy Healthcare (FC) 1:30 Movie Matinee (MT) 2:30 Eversound Learning Lab: NASA (MT) 3:00 Taste of RUI: Italy (TR) 4:00 Scrabble Club (PL) 7:15 Evening Movie (MT)	13 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Saturday Seated Exercises* (FC) 11:00 Headlines and Current Events* (TR) 1:30 Mary Anning and Her Fossils (RUIU) 1:30 Movie Matinee (MT) 3:00 Saturday Jeopardy Club (TR) 4:00 Saturday Scoop: A Look at the Week Ahead* (FP) 7:15 Evening Movie (MT)
14 10:30 RUI FIT: Seated Zumba (FC) 11:15 History Discussion: This Week In History* (FP) 11:30 Catholic Communion (RUIU) 1:30 Movie Matinee (MT) 2:00 Big Word Little Word (FC) 3:00 Sunday Sports Club (TR) 4:00 RUI FIT: Sunday Evening Meditation (FC) 7:15 Evening Movie (MT)	15 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Pool Aerobics with Coach Norma* (P) 1:30 Movie Matinee (MT) 1:30 RUI FIT: Strength Training with Coach Norma* (FC) 1:45 Nickel Bingo (TR) 3:00 Happy Hour Concert (PL) 4:00 Rummikub Club (PL) 7:15 Evening Movie (MT)	Librarian Day 16 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Chair Aerobics* (FC) 11:15 The Crazy World of the Marx Brothers (MT) 1:00 Outing: Alexandria Public Library 1:30 Movie Matinee (MT) 2:00 Big Word Little Word (FC) 3:00 Children's Story Hour with Montessori Kids Universe (FP) 4:00 Headlines & Horoscopes (TR) 7:15 Evening Movie (MT)	17 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Yoga and Meditation with Coach Norma* (FC) 1:30 Movie Matinee (MT) 1:30 RUI FIT: Tai Chi with Coach Norma* (FC) 2:00 Trivia Quest Live (RUIU) 3:00 Wine-d Down Wednesday Paint and Sip: Lighthouse By The Hills (TR) 4:00 Rosary Group (RUIU) 7:15 Evening Movie (MT)	18 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Exercise with Legacy Healthcare Services* (FC) 11:15 Culinary Round Table (B) 1:30 Movie Matinee (MT) 1:45 Nickel Bingo (PL) 3:00 Happy Hour Concert (PL) 4:00 Tech Help Corner* (FP) 7:15 Evening Movie (MT)	19 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Pool Aerobics with Coach Norma (P) 1:30 Movie Matinee (MT) 2:00 RUI FIT: Tai Chi with Coach Norma* (FC) 2:30 Around the World In 80 Days Event (RUIU) 3:00 West End Film Club Meeting (MT) 4:00 Scrabble Club (PL) 7:15 Evening Movie (MT)	20 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Saturday Seated Exercises* (FC) 11:00 Headlines and Current Events* (TR) 1:30 Movie Matinee (MT) 1:45 RUI Ticket Bingo (PL) 3:00 Saturday Jeopardy Club (TR) 4:00 Saturday Scoop: A Look at the Week Ahead* (FP) 7:15 Evening Movie (MT)
21 10:30 RUI FIT: Seated Zumba (FC) 11:15 History Discussion: This Week In History* (FP) 11:30 Catholic Communion (RUIU) 1:30 Movie Matinee (MT) 2:00 Big Word Little Word (FC) 3:00 Sunday Sports Club (TR) 4:00 RUI FIT: Sunday Evening Meditation (FC) 7:15 Evening Movie (MT)	Earth Day / Passover Begins 22 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Pool Aerobics with Coach Norma* (P) 1:30 Movie Matinee (MT) 1:30 RUI FIT: Strength Training with Coach Norma* (FC) 2:00 Earth Day Vegetable Gardening (Terr) 3:00 Happy Hour Concert (PL) 4:00 Rummikub Club (PL) 7:15 Evening Movie (MT)	National Shakespeare Day 23 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Chair Aerobics* (FC) 11:15 Eversound Learning Lab: Shakespeare (MT) 1:00 Outing: Botanic Garden 1:30 Movie Matinee (MT) 2:00 Big Word Little Word (FC) 3:00 Tuesday Trivia Tournament (TR) 4:00 Headlines & Horoscopes (TR) 7:15 Evening Movie (MT)	Cherry Blossom Festival Celebration 24 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Pool Aerobics with Coach Norma* (P) 1:30 Movie Matinee (MT) 2:00 RUI FIT: Why Is Water So Important? (FC) 3:00 Cherry Blossom Festival (Terr) 4:00 Rosary Group (RUIU) 7:15 Evening Movie (MT)	25 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Exercise with Legacy Healthcare Services* (FC) 11:15 Monthly TED Talk Series: Ancient Roman Influence* (MT) 12:00 Veterans' Group Lunch (TR) 1:30 Movie Matinee (MT) 1:30 Resident Town Hall Meeting (RUIU) 3:00 Catholic Mass (RUIU) 3:00 Happy Hour Concert (PL) 4:00 Tech Help Corner* (FP) 7:15 Evening Movie (MT)	26 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Friday Free Weights* (FC) 11:15 RUIGIVESBACK: Homemade Dog Treat Making for Alexandria Shelters (TR) 1:30 Movie Matinee (MT) 2:30 Feet to the Fire Writers' Workshop* (FP) 3:00 Uncorked: France (TR) 4:00 Scrabble Club (PL) 7:15 Evening Movie (MT)	27 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Saturday Seated Exercises* (FC) 11:00 Headlines and Current Events* (TR) 1:30 Movie Matinee (MT) 1:45 RUI Ticket Bingo (PL) 3:00 Saturday Jeopardy Club (TR) 4:00 Saturday Scoop: A Look at the Week Ahead* (FP) 7:15 Evening Movie (MT)
28 10:30 RUI FIT: Seated Zumba (FC) 11:15 History Discussion: This Week In History* (FP) 11:30 Catholic Communion (RUIU) 1:30 Movie Matinee (MT) 2:00 Big Word Little Word (FC) 3:00 Sunday Sports Club (TR) 4:00 RUI FIT: Sunday Evening Meditation (FC) 7:15 Evening Movie (MT)	29 10:00 Daily TED Talk* (MT) 10:00 RUI FIT: Pool Aerobics with Coach Norma* (P) 1:30 Movie Matinee (MT) 1:30 RUI FIT: Yoga and Meditation with Coach Norma* (FC) 1:45 Nickel Bingo (TR) 3:00 Happy Hour Concert with Jon Futrell (PL) 4:00 Rummikub Club (PL) 7:15 Evening Movie (MT)	International Jazz Day 30 10:00 Daily TED Talk* (MT) 10:30 RUI FIT: Chair Aerobics* (FC) 11:15 Eversound Learning Lab: Music & Memories: Jazz with "Big Ben" Hillman (MT) 11:30 Outing: Lunch at Wegman's 1:30 Movie Matinee (MT) 2:00 Big Word Little Word (FC) 3:00 Virtual Jazz Concert: The Dave Brubeck Quartet at the Library of Congress (MT) 4:00 Headlines & Horoscopes (TR) 7:15 Evening Movie (MT)	<p>Cherry Blossom Festival Social WEDNESDAY, APRIL 24 3:00 PM - 5:00 PM</p>	Our LUXE Salon & Spa times are: Tuesday: 9:00am - 5:00pm Wednesday: 9:00am - 5:00pm	Our Taste of RUI Dining Service Experience times are: 7:30am - 9:30am 11:30am - 1:30pm 4:30pm - 6:00pm Refreshments and beverages are always available.	Please note that all Life Enrichment programs are subject to change based on the needs and desires of our residents. Outdoor programs and outings are weather dependent. Programs run for an hour unless otherwise noted. Programs with an "*" are 30 minutes.